

OUR LADY OF THE HILLS

2020 FALL XC VIRTUAL MEET

Virtual challenge for all students, staff,
and families after Q1 exams

OCT 9-10, 2020

**RUN THE NEW XC COURSE
OR RUN YOUR OWN!**

TO REGISTER:

olhcollegeprep.org/apps/form/virtualmeet



FREQUENTLY ASKED QUESTIONS



Q: WHERE DO I RUN/WALK IF NOT ON CAMPUS?

Your virtual run can be anywhere! Run on your treadmill, through your neighborhood, in a state park (one of Coach Stracke's favorites), or run the river trail. Walk as a family, with friends, on your own- just get moving!

Q: ARE THERE WINNERS?

Yes! All participants receive a certificate of completion. Winners from each category (staff, student, family, OLH fan) will be decided based on submitted finish time and will receive a category placement certificate.

Q: WHAT IS THE COST TO PARTICIPATE?

You do not have to pay to participate, though when you register, any dollar amount you choose contributes to the Athletic Fund.

Q: WILL SOMEONE BE ON CAMPUS WHEN I RUN?

Saturday starting at 8:30am Coach Stracke will have iced cold Chocolate Milk and water available for finishers (while supplies last).